

Scripture

John 6:22-35 (NLT)

Jesus, the Bread of Life

6:22 The next day the crowd that had stayed on the far shore saw that the disciples had taken the only boat, and they realized Jesus had not gone with them.

23 Several boats from Tiberias landed near the place where the Lord had blessed the bread and the people had eaten.

24 So when the crowd saw that neither Jesus nor his disciples were there, they got into the boats and went across to Capernaum to look for him.

25 They found him on the other side of the lake and asked, “Rabbi, when did you get here?”

26 Jesus replied, “I tell you the truth, you want to be with me because I fed you, not because you understood the miraculous signs. **27** But don’t be so concerned about perishable things like food. Spend your energy seeking the eternal life that the Son of Man can give you. For God the Father has given me the seal of his approval.”

28 They replied, “We want to perform God’s works, too. What should we do?”

29 Jesus told them, “This is the only work God wants from you: Believe in the one he has sent.”

30 They answered, “Show us a miraculous sign if you want us to believe in you. What can you do? 31 After all, our ancestors ate manna while they journeyed through the wilderness! The Scriptures say, ‘Moses gave them bread from heaven to eat.’”

32 Jesus said, “I tell you the truth, Moses didn’t give you bread from heaven. My Father did. And now he offers you the true bread from heaven. **33** The true bread of God is the one who comes down from heaven and gives life to the world.”

34 “Sir,” they said, “give us that bread every day.”

35 Jesus replied, “I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty.”