

Scripture

Psalm 22:1-15 (NLT)

A Psalm of David

- 1 My God, my God, why have you abandoned me?
Why are you so far away when I groan for help?
- 2 Every day I call to you, my God,
but you do not answer.
Every night I lift my voice,
but I find no relief.
- 3 Yet you are holy,
enthroned on the praises of Israel.

- 4 Our ancestors trusted in you,
and you rescued them.
- 5 They cried out to you and were saved.
They trusted in you and were never disgraced.
- 6 But I am a worm and not a man.
I am scorned and despised by all!
- 7 Everyone who sees me mocks me.
They sneer and shake their heads, saying,
- 8 “Is this the one who relies on the Lord?
Then let the Lord save him!
If the Lord loves him so much,
let the Lord rescue him!”

- 9 Yet you brought me safely from my mother's womb and led me to trust you at my mother's breast.
- 10 I was thrust into your arms at my birth.
You have been my God
from the moment I was born.
- 11 Do not stay so far from me,
for trouble is near,
and no one else can help me.
- 12 My enemies surround me like a herd of bulls;
fierce bulls of Bashan have hemmed me in!
- 13 Like lions they open their jaws against me,
roaring and tearing into their prey.

14 My life is poured out like water,
and all my bones are out of joint.
My heart is like wax,
melting within me.

15 My strength has dried up like sunbaked clay.
My tongue sticks to the roof of my mouth.
You have laid me in the dust
and left me for dead.