

# Scripture

## Ecclesiastes 5:18-20 (NLT)

**5:18** Even so, I have noticed one thing, at least, that is good. It is good for people to eat, drink, and enjoy their work under the sun during the short life God has given them, and to accept their lot in life. **19** And it is a good thing to receive wealth from God and the good health to enjoy it. To enjoy your work and accept your lot in life—this is indeed a gift from God.

20 God keeps such people so busy enjoying life that they take no time to brood over the past.