Scripture

Psalm 56 (NLT)

For the choir director: A psalm of David, regarding the time the Philistines seized him in Gath. To be sung to the tune "Dove on Distant Oaks."

1 O God, have mercy on me,
    for people are hounding me.
    My foes attack me all day long.
2 I am constantly hounded by those who
    slander me, and many are boldly
    attacking me.
3 But when I am afraid,
    I will put my trust in you.

4 I praise God for what he has promised.
   I trust in God, so why should I be afraid?
What can mere mortals do to me?

5 They are always twisting what I say;
   they spend their days plotting to harm
   me.
6 They come together to spy on me—
   watching my every step, eager to kill me.
7 Don't let them get away with their
   Wickedness; in your anger, O God,
   bring them down.

8 You keep track of all my sorrows.
You have collected all my tears in your bottle.
You have recorded each one in your book.

9 My enemies will retreat when I call to you for
help.
This I know: God is on my side!
10 I praise God for what he has promised;
yes, I praise the Lord for what he has
promised.
11 I trust in God, so why should I be afraid?
What can mere mortals do to me?

12 I will fulfill my vows to you, O God,
     and will offer a sacrifice of thanks for
     your help.

13 For you have rescued me from death;
     you have kept my feet from slipping.
  So now I can walk in your presence, O God,
     in your life-giving light.