

Scripture

Psalm 90 (NLT)

A prayer of Moses, the man of God.

- 1 Lord, through all the generations
you have been our home!
- 2 Before the mountains were born,
before you gave birth to the earth and the world,
from beginning to end, you are God.
- 3 You turn people back to dust, saying,
“Return to dust, you mortals!”
- 4 For you, a thousand years are as a passing day,
as brief as a few night hours.

- 5** You sweep people away like dreams that disappear.
They are like grass that springs up in the morning.
- 6** In the morning it blooms and flourishes,
but by evening it is dry and withered.
- 7** We wither beneath your anger;
we are overwhelmed by your fury.
- 8** You spread out our sins before you—
our secret sins—and you see them all.
- 9** We live our lives beneath your wrath,
ending our years with a groan.
- 10** Seventy years are given to us!
Some even live to eighty.
But even the best years are filled with pain and
trouble; soon they disappear, and we fly away.

- 11** Who can comprehend the power of your anger?
Your wrath is as awesome as the fear you
deserve.
- 12** Teach us to realize the brevity of life,
so that we may grow in wisdom.
- 13** O Lord, come back to us!
How long will you delay?
Take pity on your servants!
- 14** Satisfy us each morning with your unfailing love,
so we may sing for joy to the end of our lives.
- 15** Give us gladness in proportion to our former
misery! Replace the evil years with good.

- 16** Let us, your servants, see you work again;
let our children see your glory.
- 17** And may the Lord our God show us his approval
and make our efforts successful.
Yes, make our efforts successful!